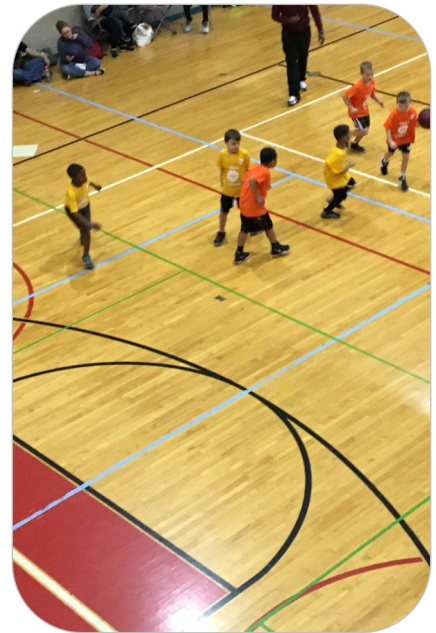




# GET IN THE GAME



**REGISTER TODAY!**

## FALL PROGRAMS

The York YMCA offers multiple programs for youth, teens and families. The sports programs offer a quality sports experiences for all skill levels under the direction of qualified YMCA instructors.

Register early by returning the form (on the back of this flyer) to the York YMCA.. Financial assistance is available. Stop by the York YMCA front desk at least seven business days prior to the start of the program to ask for a financial assistance application.

Contact Doug Markel at 717-843-7884, ext. 263 or [dmarkel@yorkcoymca.org](mailto:dmarkel@yorkcoymca.org) for more information.

**WHEN:** First program begins Sept. 12, 2020

**WHERE:** York Branch YMCA

**WHO:** AGES 4 - TEEN, ALL SKILL LEVELS

The School District neither encourages nor discourages a student's participation in the activities described herein.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SOCCER



### OUTDOOR COED SOCCER PROGRAM

For beginners and experienced players. Led by the Athletico Soccer Academy and YMCA staff, participants will learn and enhance their soccer skills in an instructional setting in small groups. Held at the Small's Field auxiliary field. Limited space so register early. Look for our Indoor Soccer League to begin in February.

Saturdays, September 12 - November 7

Ages 4 - 5's at 9 am

Ages 6 - 8's at 10 am

Ages 9 - 11's at 11 am

\$35/YMCA Members

\$70/Non-Members

## BASKETBALL



### BASKETBALL TRAINING

Ages 4-5/6-8/9-11

For beginners and experienced players. Participants will work on basketball skills in an instructional setting, held at the York YMCA. Instructors/coaches follow JRNBA instruction guidelines. A limited amount of participants are accepted per age group so register early. Saturdays, Nov. 14-Jan. 23.

Ages 4-5: 9 am

Ages 6-8: 10 am

Ages 9-11: 11 am

\$35/YMCA Members

\$70/Non-Member

### SAFE KIDS TAE KWON DO

Held at the York YMCA. Ages 6 years and older, Adults and Families Welcome! For more information or to register, call 717-252-2824.

## VOLLEYBALL



### GIRLS INTRAMURAL VOLLEYBALL

For girls ages 11 - 15. Led by experienced volleyball instructors, this program focuses on instruction in a recreational environment, with pick-up games incorporated toward the end of the session. All skill levels are welcome. For those which have gone through a prior session, instruction will be based on returning participants also. Two courts will be available to ensure a small group of participants on each court. Limited space so register early. Mondays: 6:30 pm - 8 pm

Session 1: September 14 - November 9

Session 2: November 16 - January 11

\$40/YMCA Members \$80/Non-Members (per session)

### GIRLS CLUB VOLLEYBALL (Ages 11-18)

This program is for girls who want to practice and compete at a high level. Practices are twice a week from Dec. - May with weekend tournaments twice a month from Jan-May at locations throughout PA. Try-outs being in early October for 12-14U and November for 15-18U. Contact [dmarkel@yorkcoymca.org](mailto:dmarkel@yorkcoymca.org) for details. Check out the York YMCA Girls Volleyball Club Facebook page and York YMCA Volleyball Club website for postings.

### GIRLS VOLLEYBALL OPEN GYMS (Ages 12-14)

The York YMCA Girls Volleyball Club is running four dates of "Open Gyms" for those interested in enhancing their volleyball skills or to simply stay sharp before try-outs. Those with no volleyball experience are recommend to participate in the above mentioned "intramural" program.

September 15, 22, 29, October 6

6:30 p.m. - 7:30 p.m.

\$5 (fee based on one date)

*\*All programs have safety measures in place such as having small group settings, social distancing during instruction, frequent sanitization of equipment, and more.*

**Registration (form & payment together) accepted at the Y. If applying for financial assistance, provide f/a paperwork only and you'll be contacted within five business days to provide the registration form.**

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Male Female

Parent(s) Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Email address: \_\_\_\_\_

Program: \_\_\_\_\_